



## Registration or account questions:

Registrar: Sue Peri

[registrar@DavisAquaMonsters.org](mailto:registrar@DavisAquaMonsters.org)

## Group or swimming questions:

Operations: Sara McKechnie

[Sara@DavisAquaMonsters.org](mailto:Sara@DavisAquaMonsters.org)

## SWIM TEAM: June 16th - August 3rd

### SCHAAL AQUATIC CENTER

GROUP	DAYS	SWIM TIME	POOL	FEES
<b>BIG MONSTERS</b> (5 - 8.5 year olds)				
Big Monster 4pm	MTWTh	4:00-4:45 PM	Schaal	\$380
Big Monsters 4:45pm	MTWTh	4:45-5:30 PM	Schaal	\$380
Big Monsters 5:30pm	MTWTh	5:30-6:15 PM	Schaal	\$380
Big Monsters 6:15pm	MTWTh	6:15-7:00 PM	Schaal	\$380
<b>WHITE</b>				
WHITE 4pm (8-10 year olds)	MTWTh	4:00 - 5:00 PM	Schaal	\$390
WHITE 4pm (11-14 year olds)	MTWTh	4:00 - 5:00 PM	Schaal	\$390
WHITE 5pm (8-10 year olds)	MTWTh	5:00 - 6:00 PM	Schaal	\$390
WHITE 6pm (8-10 year olds)	MTWTh	6:00 - 7:00 PM	Schaal	\$390
WHITE 7pm (11-14 year olds)	MTWTh	6:45 - 7:45 PM	Schaal	\$390
***Bonus Dive Practices Big Monsters, WHITE, RED, BLACK, HS on Friday afternoons ***				
<b>RED</b>				
RED 4:30 pm	MTWTh	4:30 - 6:00 pm	Schaal	\$465
RED 6:15 pm	MTWTh	6:15 - 7:45 pm	Schaal	\$465
<b>BLACK</b>	MTWTh	4:00 - 6:00 PM	Schaal	\$500
<b>PM + 2 AM practices/week</b>	MTTh	5:30 - 7:30 AM		
<i>TBD due to meets</i>	Sun*	9:00 - 11:00 AM		
<b>High School</b>	M-F	4:00 - 6:00 PM	Schaal	\$550
	MTTh	5:30 - 7:30 AM		
<i>TBD due to meets</i>	Sun	9:00 - 11:00 AM		
<b>High School AM only</b>	MTTh	5:30 - 7:30 AM	Schaal	\$450
<i>TBD due to meets</i>	Sun	9:00 - 11:00 AM		
<b>USA</b>	MTTh	2:00 - 4:00 PM	Schaal	\$615
	Wed	4:00 - 6:00 PM		
	MTTh	5:30 - 7:30 AM		
USA will either be AM or PM on Fri	F*	6-8AM or 4-6pm*		
<i>TBD due to meets</i>	Sun	9:00 - 11:00 AM		



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## LITTLE MONSTERS - PRE-TEAM June 16th - Aug 3rd

GROUP	DAYS	SWIM TIME	POOL	FEES
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4 - 6 year olds\* (3.5 year olds on approval from Directors)

Little Monsters (2 in one group)	MTWTh	4:00 - 4:30 pm	Schaal	\$360
Little Monsters (2 in one group)	MTWTh	4:30 - 5:00 pm	Schaal	\$360
Little Monsters (2 in one group)	MTWTh	5:00 - 5:30 pm	Schaal	\$360
Little Monsters (2 in one group)	MTWTh	5:30 - 6:00 pm	Schaal	\$360
Little Monsters (2 in one group)	MTWTh	6:00 - 6:30 pm	Schaal	\$360
Little Monsters (2 in one group)	MTWTh	6:30 - 7:00 pm	Schaal	\$360
Little Monsters (2 in one group)	MTWTh	7:00 - 7:30 pm	Schaal	\$360
**no sessions 7/14 - 7/17				



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## SWIM CAMPS @ ARROYO POOL

### Swim Camps - Technical + Mobility Training

**The Camp:** The one-week camp offers AquaMonster swimmers an opportunity to improve stroke mechanics, and turns and instruction on the "Fifth stroke" – underwater dolphin kickouts. The camp includes athletic mobility improvement in + out of the pool. The camp emphasizes the improvement of stroke skills from Big Monster group to RED group levels in a fun, flexible environment. **If you are not a registered 2025 AquaMonster by the start of summer session,** there is a non-member fee.

**What to bring:** **SWIM** equipment – kickboards, fins, cap, goggles, suit, towel, sunscreen, and healthy snacks for the break. **DRYLAND** equipment - t-shirt, shorts, sun hats and running shoes and **2 water bottles**.

**Registration:** Registration is on a first come – first serve basis. Space is limited to 32 swimmers per camp week with a minimum of 10 swimmers. Please register online and mail in your registration and payment to reserve a spot in the AquaMonster Camps. Don't delay!

CAMPS	DAYS	TIMES	AQM FEES	non - AQM
June 16th - June 20th	M-F	8 am - noon	\$210	\$250
June 23rd - June 27th	M-F	8 am - noon	\$210	\$250
July 7th - July 11th	M-F	8 am - noon	\$210	\$250
July 14th - July 18h	M-F	8 am - noon	\$210	\$250
July 21th - July 25th	M-F	8 am - noon	\$210	\$250
July 28th - August 1st	M-F	8 am - noon	\$210	\$250

**Minumum requirements:** Swimmers must be at least 6 years old and be able to swim 25 yards of freestyle. **Please note this camp is not for those wanting to learn how to swim.** This is for swimmers who know how to swim and want to continue to fine tune their swimming skills including stroke mechanics, turns and athletic development.

**Fees:** \$210 camp fee per AquaMonster swimmer. \$250 camp fee per non-AquaMonster swimmers. There are no refunds and no pro-rating for days missed. No cancellations once online reg submitted.

**Special package:(AQM swimmers only) Sign up for four weeks - for the price of three weeks - 25% off, Sign up for six weeks for a 33% discount, no adding additional weeks later to get this offer.**



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## No Practice on 4th of July

### WHICH GROUP TO SIGN UP FOR:

First pick the site that suites your needs. As swimmers advance there are fewer choices in terms of times and locations. When starting out with the team there are many choices that can work with your family's schedule.

**Your child's age on the first day of the session** is how we determine group placement. For instance your child is 7 on the first day of FallSession but turns 8 on Sept 15th -sign your child up for the Big Monsters session.

### Equipment Requirements for Swim Practice

To learn about equipment requirements for each group go to [www.davisaquamonsters.org/equipment](http://www.davisaquamonsters.org/equipment)

**LITTLE MONSTERS(Ages 4-6):** Our learn to swim small group program where we teach them to swim: floating, kicking, air exchange, to eventually swimming independantly.

**BIG MONSTERS(Ages 5-8.5):** Minimum requirements: Must be able to swim 12.5 yards of freestyle independantly. Big Monsters group is for new to competitive swimmers. The focus is to continue to teach + develop swimming skills and the four competitive strokes - FLY, BACK, BREAST, FREE.

**White Group (Ages 8-14):** Minimum requirements: Must be able to swim 25 yards of freestyle + 25 yards of backstroke. WHITE group is for new to competitive swimmers.The focus is to continue development of swimming skills and four competative strokes - FLY, BACK, BREAST, FREE. Swimmers in this group can be seasonal swimmers to those who like to practice on a year round + competitive basis.

**Red Group (Ages 9-14, min 4th grade):** RED group swimmers know all four competitive strokes, can do legal IM and begin/are able to do interval training as well as commit to competing. This group is for swimmers who swim on a year round basis. The focus is on stroke technique, interval training and race development. There is an expectation for swimmer's in this group to compete at swim meets.

**Black Group (7th + 8th graders):** This group is for primarily for swimmers in 7th and 8th grades who are experienced swimmers technically, competitively and in interval training.

**HighSchoolGroup(9th-12thgrade):** This group is typically for our swimmers who swim in high school. There is a continued focus on stroke technique with an increase of training needs for high school aquatic athletes along with proper race preparation for each swimmer. As with many of our groups we have multi- sport athletes so training may be tailored to help in those areas.

**Our goal is to meet each swimmer where they are and help them improve.** This is best done with: 1) adequate space, 2) teammates of similar experience and 3) an environment where the swimmer feels comfortable with the given practices. If you have questions regarding group assignments, please contact AQM Operations Manager **Sara McKechnie** at [Sara@davisaquamonsters.org](mailto:Sara@davisaquamonsters.org) to answer your questions.



Davis AquaMonsters  
PO Box 788  
Davis, CA 95617-0788  
[www.DavisAquaMonsters.org](http://www.DavisAquaMonsters.org)

## HOW TO REGISTER

### HOW TO REGISTER

- 1) Choose your practice location and time.
- 2) Go online to **[www.davisaquamonsters.org](http://www.davisaquamonsters.org)**
- 3) Click Register and then Online Registration and follow instructions.
- 4) Mail your **Session Fee**, and **Annual Registration fee (\$50 check \$53 credit card/)** to:  
**Davis AquaMonsters | PO Box 788 | Davis, CA 95617-0788.**

**Check payments must be received within 5 business days of online registration.** If we do not receive payment within 5 days, AQM reserves the right charge your credit card on file. If you are doing a bank check, please notify AQM registrar Sue Peri.

**CHECK/CREDIT CARD payment options - For those who wish to pay via credit card, the convenience fee is included in the session total under CREDIT CARD.**

We urge early registration for all sessions/clinics. This enables us to properly staff the groups. If enrollment is low, we reserve the right to cancel the session/clinic. Coaches will be assigned groups after we receive registration. **Your spot is secured once your online registration is complete and all paperwork and payment have been mailed to the Davis AquaMonsters. We do NOT send confirmations. You can check your account registration online. We only notify you if we CANCEL a session.**

**Pro-rates/refunds:** To ensure the lowest possible fees for ALL AQM we do not offer pro-rates nor refunds. NO REFUNDS/NO Cancellations once you've signed up online and reserved a spot for the session.

**Third swimmer discount:** 50% off lowest swim session fees (annual registration fee excluded from this discount).

**Age requirement:** AQM swimmers must be at least 5 years old and day of the session + be able to swim 12.5 yards independantly freestyle with side breathing + independant backstroke.

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Our coaching philosophy is that **Every Monster Matters and Talent is Created, Not Born.** If your child starts out in the White group that will not prohibit your child from becoming a Black group swimmer one day. Instead it will give the swimmer and coach the opportunity to teach and develop the skills necessary for your child to really flourish in our sport.

# Every Monster Matters